

# GIVING BACK KNOW HOW

## Small spends, ★ BIG RETURNS

Spending from as little as R20 on a feel-good gift this festive season can make a big difference to a really worthy cause, says Kerryn Massyn

*under*  
**R100**

✦ Spoil someone who loves a pamper with the Oh So Heavenly Positively

Pink Complete Care gift (with body wash, body lotion, and loofah); R54,95 at Clicks. For every purchase of this product, 50c is donated to Look Good, Feel Better, a foundation that runs beauty workshops for female cancer sufferers to boost their confidence while they're having treatment.

✦ **Sknlogic's Sowing Good Seeds Bracelet isn't just a stylish leather accessory.** When you buy a bracelet (R95 each), 100% of the proceeds will go to Hands On Africa, which builds healthcare centres, orphanages, and more across Africa.

Find stockists on [sknlogic.com](http://sknlogic.com)

✦ **Don't forget the stocking fillers!** Proceeds from the sale of Cotton On

Foundation products are used in the foundation's global campaigns to help eradicate poverty. We love the lip balm (R30) and gorgeous bracelets (from R20 each), both Cotton On.



*under*  
**R300**

✦ **Attention, all beauties!** Lush's rich, chocolatey-smelling Charity Pot Hand and Body Lotion takes this fair-trade organisation's moral codes to the next level. All proceeds (that's 100% of sales, minus taxes) will go to supporting small grassroots charities, like TEARS Animal Rescue in Cape Town, for example. R245 for a 240g tub at [lush.co.za](http://lush.co.za)

✦ **Little ones will simply adore the oh-so-cute Rupert the Reindeer soft toy** from Cotton On (R249 each). All sale proceeds go to the Cotton On Foundation, which supports projects that aim to break the cycle of poverty.

✦ **You can't go wrong gifting a fabulous skincare product,** like Celltone's uber-hydrating face-and-body cream – the Xtra Hydrating Treatment. Every time one is sold, Gift of the Givers donates a blanket to the needy. R249,90 for 100ml at [celltone.co.za](http://celltone.co.za)

### REMEMBER TO GIVE AS YOU LIVE

✦ When you're shopping at Woolworths (or a retail partner like [loot.co.za](http://loot.co.za)) and you swipe your MySchool MyVillage MyPlanet card, Woolworths' business partners will donate money to a cause you've selected to support, on your behalf – at zero cost to you. Sign up for the card for free, in store or online, and choose the beneficiary you'd like to support, from Cotlands to the Animal Anti-Cruelty League. See [myschool.co.za](http://myschool.co.za)

✦ Did you know you can donate points you've earned by shopping at Pick n Pay (swiping your Smart Shopper card) to various good causes, like the SPCA and The Sunflower Fund? See [picknpay.co.za/smartshopper-charities](http://picknpay.co.za/smartshopper-charities) for info.



*under*  
**R400**

✦ **For the fashionista,** Polo's Pink Pony range is a must. When you buy the pink Golfer, T-shirt, Golfer Dress, or Striped Collar Shirt (from R349 each at Polo retail stores), 15% of proceeds will go to Cansa in aid of breast-cancer awareness.

✦ **Get loved ones cuddling up** under a Charity Throw by Cheeky Chic Crafts. Made by women who have fallen on hard times, every stitch is done with love, and helps them keep food on the table. R350 each at [hellopretty.co.za](http://hellopretty.co.za)

✦ **Know a homebody?** Buy them a Bridgewater Candle, R399 each from [poetrystores.co.za](http://poetrystores.co.za). There are delightful scents to choose from (like Seagrass or Sweet Magnolia), and for every candle bought, Rice Bowls (an organisation that provides food to orphans around the world) will donate three nutritious meals.

*under*  
**R200**

✦ **Who doesn't love a mani?** Give the gift of choice with a Sorbet gift card for a nail treatment for hands or feet. Add R5 onto this in-store gift-card purchase to 'Paint it Forward' by supporting the Sorbet Empowering Women initiatives. The Sorbet Quickie Manicure is R110 (your full purchase will be R115). Other nail treatments under R200 include the Quickie Pedicure, Mini-Me Mani, and Mini-Me Pedi. Find a branch at [sorbet.co.za](http://sorbet.co.za)



# under R500

✦ Looking to gift a unique pair of PJs?

Goodbye Malaria stocks 100% pure cotton, long but lightweight PJ bottoms, made by local artisans. Proceeds from the sale of these comfy shweshwe-inspired lounge pants (available in five colours) help in the fight against malaria across the continent. R450 per pair, XS to XXL, at [goodbyemalaria.com](http://goodbyemalaria.com)

✦ Have a number of friends or family to buy for? Invest in a stack of 10 Relate Bracelets for each person. These locally handmade beaded beauties support over 90 local causes, and come in a variety of colours and styles. Choose the design based on which charity is closest to your loved one's heart – whether that's supporting the crusade against rhino poaching, or raising awareness around men's health issues. Each stack is from R450 at [relate.org.za/shop](http://relate.org.za/shop); and they're also available at selected outlets like Woolworths, Clicks, Sorbet, Poetry, Nando's, Cape Union Mart, and Markhams.



## WRAPPED AND SENT WITH LOVE

✦ If you're in Cape Town, remember to use the gift-wrapping services available at the Victoria Wharf Shopping Centre between 16 and 23 December (from 10am to 9.30pm) and on 24 December (from 9am to 7pm). It'll cost you between R5 and R20 (depending on the size of the gift to be wrapped), and the proceeds will go to



✦ If you're looking for a present for someone with a refined palate, Indaba Wine is a superb choice. The range features great-tasting, sustainably-grown wine that's produced by the Cape Classics winery, available in five blends, from Merlot to Chenin Blanc. A percentage of sale proceeds goes toward the Indaba Education Trust. From R44 per bottle (or from R526 for a case of 12); [wine.co.za](http://wine.co.za)

✦ The adorable Mashozi Teddy Bear will steal your heart! Lovingly handmade and embroidered by the women of Heartworks, an upliftment project in Cape Town, these shweshwe-print bears come in five colours, and sale proceeds will help contribute to spray programmes for malaria. R550 each at [goodbyemalaria.com](http://goodbyemalaria.com)

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various charity organisations, like Home of Hope (an organisation that supports abused and abandoned children), which was one of the charities supported last year. Call 021 408 7600 for more information.

✦ Exchanging Christmas cards this year?

Order yours from the Mdzananda Animal Clinic, an NPO that offers low-cost veterinary care for pets in Khayelitsha. There are five designs, each featuring one of the clinic's beloved animals, and proceeds go straight to the animal clinic itself. E-mail Marcelle at [info@mdzananda.co.za](mailto:info@mdzananda.co.za) to find stockists or to place an order, which can be posted to you or collected at the clinic. A pack of five cards costs R30; a pack of 10 costs R60 (excluding postage).



Buying gifts from a charity is a great way to get your festive shopping sorted and support your favourite cause – this way, everyone gets to enjoy the true spirit of Christmas generosity



## VOLUNTEER TIME OR DONATE GOODS

✦ [forgood.co.za](http://forgood.co.za) is an online platform that will connect you with a needy cause in your area. Visit the site to see how you can offer up your time or donate goods – whether that means helping paint classrooms at a school in a disadvantaged area, or donating nappies to a local orphanage, for example.

✦ [smilefoundationsa.org](http://smilefoundationsa.org) works with SA's academic hospitals to help provide facial reconstructive surgery to underprivileged children born with a cleft palate or other similar facial abnormalities.

By signing up on the site as a volunteer, you may be asked to spend time with some of the kids, or help out at one of the foundation's events.

✦ [giveback.co.za](http://giveback.co.za) is a great resource for those looking to give back. Whether you have a stack of blankets or books to give away, or even want to offer time to help out with cleaning or decorating for a charity, you'll find a match on this site, which lists charities' needs (sorted by location) on a message board. **w&h**

